NIAMH- Northern Ireland Association of Mental Health

NIAMH (the Northern Ireland Association for Mental Health) is the largest and longest established independent charity focusing on mental health and wellbeing services in Northern Ireland. NIAMH’s aim is to build a flourishing society in which all people have access to services and support appropriate to their mental health and wellbeing needs. To achieve this NIAMH promote, support and explore flourishing mental wellbeing throughout society.

For more information: [www.niamhwellbeing.org](http://www.niamhwellbeing.org)

MIND

Mind provide advice and support to empower anyone experiencing a mental health problem. Mind campaign to improve services, raise awareness and promote understanding. Mind provide an introduction to [ecotherapy](https://www.mind.org.uk) - a range of nature based programmes that can support wellbeing.

For more information: [www.mind.org.uk](http://www.mind.org.uk)
**Action Mental Health**

Action Mental Health (AMH) is a local charity which works to enhance the quality of life and the employability of people with mental health needs or a learning disability in Northern Ireland.

For more information: [www.amh.org.uk](http://www.amh.org.uk)

**Belfast healthy Cities**

Belfast Healthy Cities’ has been Secretariat of the World Health Organisation’s European Healthy Cities Network since 2009. Belfast Healthy Cities’ vision is to be a leader in creating a healthy, equitable and sustainable city by promoting health and well-being. Phase VI (2014-2018) focuses on: Health equity in all policies; Creating resilient communities and supportive environments; Healthy Urban Environments; Child Friendly Places; Active travel; Older people; Climate change; Health literacy and Capacity for public health.

For more information: [www.belfasthealthycities.com](http://www.belfasthealthycities.com)
Community Development and Health Network Northern Ireland

CDHN works towards ending health inequalities using a community development approach. The Network’s mission is to be the leading organisation championing community development approaches to tackling health inequalities by encouraging communities to define and represent their own health needs and solutions. CDHN provides a range of helpful factsheets, topics include: Social justice; Partnership working; Sustainable Development; Community Development and Networking.

For more information: www.cdhn.org

Local and central government that can provide support relating to health and wellbeing:

Department of Health, Social Services and Public Safety (DHSSPS)

The Department of Health, Social Services and Public Safety is one of 12 Northern Ireland Departments created in 1999 as part of the Northern Ireland Executive. It is the Department’s mission to improve the health and social well-being of the people of Northern Ireland. The Department has three main business responsibilities: Health and Social Care (HSC); Public Health; and Public Safety.

For more information: www.dhsspsni.gov.uk
Health & Social Care NI

HSC is your gateway to Health & Social Care Services in Northern Ireland, containing links to the Hospital and Community services provided by the 6 Health Trusts, General Practices, Health and Social Care Board and other HSC Agencies. There are a number of HSC organisations, agencies, networks, partnerships, charities and programmes that deliver a wide range of health services throughout Northern Ireland.

For more information: www.hscni.net

Further information: Sub-regional health and social care trusts

Public Health Agency - Space & Place consortium partner

The PHA is a multi-disciplinary, multi-professional body set up to provide a renewed and enhanced focus on public health and wellbeing by bringing together a wide range of public health functions under one organisation. The four key functions are: health and social wellbeing improvement; health protection; public health support to commissioning and policy development; HSC research and development.

For more information: www.publichealth.hscni.net

Sports related health organisations:

Sport NI- www.sportni.net

Disability Sport NI - www.dsni.co.uk

Sport Changes Life – www.sportchangeslife.com

Sport Foundation NI – www.nifoundation.net/research/sport